

A woman with long hair, wearing a white long-sleeved top and a long, flowing green skirt, is walking away from the camera through a series of large, white, arched doorways. The architecture is Moroccan, with intricate blue and white tilework on the lower walls. The scene is bathed in warm, golden light, suggesting late afternoon or early morning. The floor is a checkered tile pattern.

EMPOWER HOUSE RETREAT ITINERARY
MOROCCO SEPTEMBER 2023

SEP 3 - 10

DAY 1: ARRIVAL AND ORIENTATION

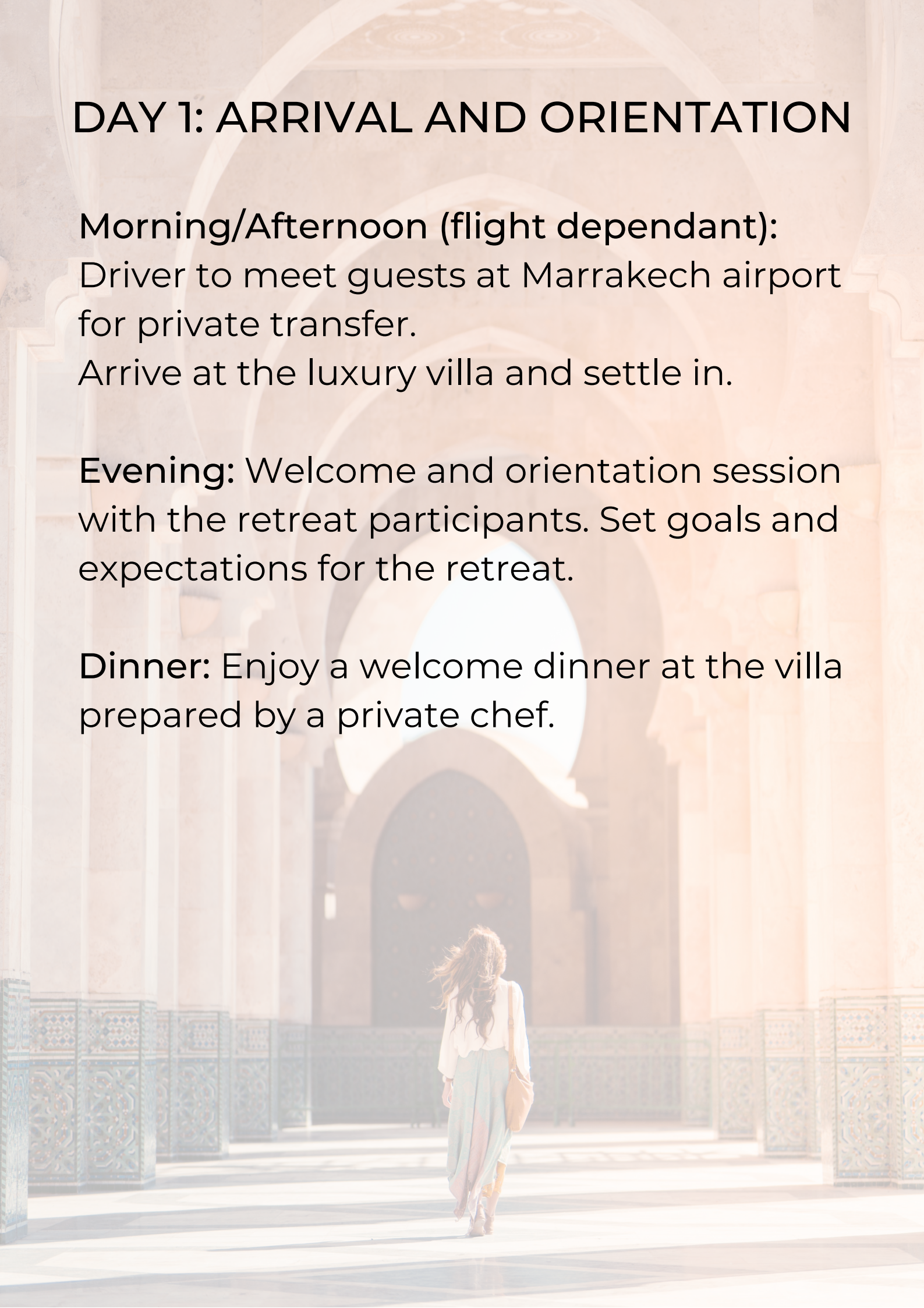
Morning/Afternoon (flight dependant):

Driver to meet guests at Marrakech airport for private transfer.

Arrive at the luxury villa and settle in.

Evening: Welcome and orientation session with the retreat participants. Set goals and expectations for the retreat.

Dinner: Enjoy a welcome dinner at the villa prepared by a private chef.



DAY 2: INTRODUCTION AND GROUP MASTERMIND SESSIONS

Exercise: Morning yoga session to energize and prepare for the day.

Breakfast: Healthy breakfast options served at the villa.

Morning Mastermind Session: Intro and group session. Focus: *The year that was.*

Lunch: Private chef prepared lunch at the villa.

Afternoon Mastermind Session: Group session. Focus: The year ahead.

Dinner: Explore a local Moroccan restaurant for a traditional Moroccan dinner experience.



DAY 3: 1:1 SESSIONS, SOLO SESSIONS, AND SPA TIME

Exercise: Morning exercise session to invigorate the body and mind.

Breakfast: Enjoy a nutritious breakfast at the villa.

Morning Session: Rotating roster of 1:1 strategy sessions, solo sessions, and spa treatments.

- 1:1 strategy sessions focused on business goals, participants receive personalised feedback, together we identify challenges and brainstorm solutions.
- Solo session: Focus: Addressing the 'to do list'
- Spa Treatment: One-hour spa treatment for participants to relax and rejuvenate.



DAY 3: 1:1 SESSIONS, SOLO SESSIONS, AND SPA TIME

Lunch: Mediterranean-inspired lunch at the villa

Afternoon Session: Rotating roster of 1:1 strategy sessions, solo sessions, and spa treatments.

- 1:1 strategy sessions focused on business goals, participants receive personalised feedback, together we identify challenges and brainstorm solutions.
- Solo session: Focus: Addressing the 'to do list'
- Spa Treatment: One-hour spa treatment for participants to relax and rejuvenate.

Evening Session: Group share – recap on the day, key takeaways, and next steps.

Dinner: Dine at a high-end Moroccan restaurant renowned for its authentic cuisine.

DAY 4: EXPERIENCE DAY

Breakfast: Start the day with a delicious breakfast at the villa.

Morning: Experience the vibrant and historic Medina of Marrakech, while we explore the colourful souks. Then rest and refresh in the tranquil Le Jardin Secret.

Lunch: Learn to do as the Moroccan's do at a fabulous Moroccan Cooking workshop, then enjoy the results

Afternoon: Discover the enchanting Jardin Majorelle and the Saadian Tombs. Then relax at a stunning authentic Moroccan Hammam for an afternoon of pampering.

Dinner: Enjoy a private chef-prepared dinner at the villa.



DAY 5: INNOVATION, DELEGATION, AND STRATEGY

Exercise: Morning exercise session to awaken the senses and promote creativity.

Breakfast: Enjoy a wholesome breakfast at the villa.

Morning Session: Debrief from the experience day. Group session focus – how do we spend our time at work? Do/Delegate/Delete.

Lunch: Private chef prepared lunch at the villa.

Afternoon: Review 6 core areas – Visibility, Leads, Nurture, Products/Service, Delivery, Lifetime Value. Define top goals and plan for the year ahead.

Dinner: Experience a rooftop dinner with panoramic views of Marrakech, offering a blend of Moroccan and international dishes.

DAY 6: REFLECT, REFINE, ACCOUNTABILITY

Exercise: Morning yoga & meditation session to promote mindfulness and reflection.

Breakfast: Start the day with a nourishing breakfast at the villa.

Morning Session: Rotating roster of 1:1 sessions, and individual reflection time for participants to evaluate their personal and professional growth during the retreat.

Lunch: Healthy and nutritious lunch options served at the villa.

Afternoon Session: Group session focus on sharing reflections, 2024 plans, and create accountability strategies.

Dinner: Farewell dinner. Enjoy a traditional Moroccan feast with live music and entertainment at a luxury riad.

DAY 7: WRAP UP AND DEPARTURE

Exercise: Morning yoga or exercise session to energise and prepare for the day.

Breakfast: Enjoy a final breakfast at the villa.

Morning Session: Wrap up the retreat with participant sharing insights, resolutions, favourite moments etc.

Pack up & Departure: Airport transfers to take guests to Marrakech airport.

Further catering available at the villa depending on participants flight times.

**Itinerary subject to change without notice due to logistics, vendor availability etc.*

RETREAT DETAILS

Staying in a stunning Moroccan villa on acres of beautiful manicured gardens, 24 hour security, with its own pool, spa, gym, hammam, and massage rooms. This business retreat will be the perfect way to analyse the year so far, plan ahead for 2024, develop connections with other incredible business women, and give you space for relaxation, creativity and strategy development.

Join me on this all-inclusive retreat, with:

- 7 days accommodation in a luxury private villa
- All meals: Breakfast, Lunch, Dinner, Snacks and refreshments daily (Dietaries can be catered for)
- Spa/Hammam relaxation/restoration sessions
- Group and 1:1 business development sessions
- Workbooks and supplies
- Experience vibrant Marrakech, Morocco with sight seeing, classes, and dining experiences all included
- Transport to/from Marrakech airport by private transfer
- Bedroom suite includes large bed, sitting area, and ensuite
- Wifi access
- Maid service

Spaces are strictly limited, ticket options include:

1. Twin Share (2 people per bedroom suite) \$5389
2. Single Occupancy (Private bedroom suite) \$6424

*Flights and personal travel insurance not included.

BOOK NOW

**EMPOWER HOUSE RETREAT
SEPTEMBER 3 - 10, 2023
MARRAKECH, MOROCCO**

Each bedroom suite includes a large bed, full size ensuite, and lounge/sitting area.

Maximum 2 people per room.

Twin Share (2 people per bedroom suite) \$5389

Single Occupancy (Private bedroom suite) \$6424

To book, click the link below, or email
info@empowerhouseonline.com

BOOK HERE

*Flights and personal travel insurance not included.